



Aled James



Craig Everett



Mike Pugsley



Leigh Meades



BARGOED RFC

Coaching Teams 2019~20

Bargoed RFC have confirmed their senior and youth coaching teams for the forthcoming season in the WRU Specsavers National Championship.

Aled James who came to the club in February on an interim basis, will take the reins as Head Coach. James comes to the club with a wealth of playing and coaching experience with Cross Keys and Glamorgan Wanderers. He also represented Wales and Widnes in Rugby League.

He will be supported by ex Wales under 21 cap Craig Everett, who also played pro rugby for Worcester and Cardiff, and has recently been coaching at Treorchy RFC. Craig will take over as Forwards Coach.

The team is completed with two young coaches who were part of the previous coaching team. Mike Pugsley will continue as the Attack Coach, and ex club Captain Leigh Meades will focus

on skill development. Head Coach James will take primary responsibility for defence.

Brett Wakefield will continue as Team Manager and Andrew Phillips also continues as S&C Coach.

They will be joined by 2nd XV Head Coach Matthew Hutcheon and Assistant Coach Anthony Lott, in another exciting development.

Lott will also double up as the Club Scrum Coach with a specific focus on developing not only the 1st XV scrum but the promising supply line of young front rowers in the 2nd XV and Youth XV.

Hutcheon returns to the club and will team up with Lott as they look to build on the success that the Warriors had using their huge amount of experience, to develop a young squad.

They will join the current Management Team of Gary Jones, Toby Richards and club legend Ian Jenkins.

They will be looking to build on a fantastic 2018-19 season where they won the WRU National Conference, and will be looking to defend the title against tough opposition in the new look Conference structure.

This season their squad will include some talented players who are transitioning from the Youth Team.

The Youth XV will see Ian Davies and Aaron Hughes continuing in their roles as forwards and back coach, as they look to develop their young but promising squad of players. Nick Coulsen takes over as Team Manager alongside Assistant Team Manager Dai Rees.